

EDUCATION

1994 **International Coaching School**

National Coaches Certificate
Level II & Level IV
Level V in progress

1979 **Appalachian State University**
Boone, North Carolina, USA

Master of Arts
Major: Physical Education / Education
Minor: Junior College Education
3.53 GPA

1973 **Lakehead University**
Thunder Bay, Ontario, Canada

Bachelor of Education

1973 **Lakehead University**
Thunder Bay, Ontario, Canada

Bachelor of Arts
Major: Psychology
Minor: Physical Education

1969 **Surry Community College**
Dobson, North Carolina, USA

Associate of Arts
Business Administration

1966 **North Surry High School**
Mount Airy, North Carolina, USA
National Honor Society
Rank 13/192

EDUCATION

NATIONAL COACHING CERTIFICATION

1998	Master Coach - Basketball
1994	Theory I Course Conductor
Current	Theory V (in progress)
1994	Theory IV
1989	Theory III
1989	Theory II
1989	Theory I
1977	Technical I
1982	Technical II
1985	Technical III
1994	Technical IV
1990	Technical I, II, II Basketball Conductor

EDUCATION

BASKETBALL CANADA LEVEL IV PROGRAM

Basketball Canada in association with the Canadian Coaching Association of Canada has developed a Level IV & V Program for those coaches aspiring to be international level coaches. This program will assist coaches in developing high performance athletes to their full potential both during training and competitions.

The Level IV & V Certification Completed:

1. Energy Systems
2. Strength Training for Elite Athletes
3. Sport Specific Performance Factors
4. Nutrition
5. Environmental Effects of Performance
6. Psychological Preparation for Coaches
7. Psychological Preparation for Athletes
8. Practical Coaching: Skill Training
9. Biomechanical Analysis of Advanced Skills
10. Practical Coaching: Strategy & Tactics
11. Planning and Periodization
12. Practical Coaching: Training Camp
13. Practical Coaching: Competitive Tour
14. Enhancing Coaching Performance
15. Regeneration Principles and Methods
16. Athlete Long Term Development
17. National Team Program